

# Parents with impact™

Parenting is a responsibility irrespective of culture, race or language. In this current day and age parents are confronted by numerous challenges, movements and theories. These challenges more than often create confusion and additional complications to parenthood. God however knows us, our children and our situations in intricate detail, Psalm 139.

## **So what is Parents with Impact?**

Under the umbrella of parenting we go through phases of nurturing, adventure, leadership, coaching and friends/mentoring. It is every parents hope that they do not have children as enemies as it is not the intention of parents to fail. Parents with Impact is for parents with teens & young adults. A series of workshops where you are taught how to connect in small snippets of time; no one is broken, everyone is naturally creative resourceful and whole. This includes a lot of real life examples that are practised with emphasis on how to connect with your teens using a coaching approach; turning your challenges into stepping stones of success; Understanding personality behaviour styles and different communication styles. This will ultimately empower the parent to have well connected conversations. It is not about making more time, but rather having a great connection in the pockets of time that you have when crazy schedules and paths cross. The power of Parents with Impact is in its simplicity that makes everyone from any culture, language or community, able to be a great Parent with Impact.

Amanda is the mother of 3 sons, who was born in, East London, South Africa and raised by English/Scottish parents and has international exposure by living in the UAE and surrounding region for more than 3 years with more than 20 years of business experience.



Amanda is an International Life Coach and attended her first Coaching & Mentoring course in 2002 and in 2007 completed her CTI training as a Co-Active Coach™ in Dubai. Her current focus is on One on one coaching; Team coaching; Team Dynamics in Sports (Big Match Temperament for professional teams) , Inter-Cultural Intelligence, Group Dynamics; Personality Profiling; Leadership development and Parents & Teenagers – ultimately developing People with !Impact.™

Amanda combines the Co-Active coaching™ model, Corporate Coaching & Mentoring, together with Inter-Cultural Intelligence. She integrates this into her coaching & training for the development of skills based on the talents, competencies and core values of the client. She ultimately supports people to “be the best that they can be” and experience their magnificence for His Glory.

## **An Extremely Practical Parenting Course including:**

- What is Change & Culture Shock; Learning the fundamentals of Life Coaching: Listening with authenticity & connection; failing forward; 2% truth (right vs wrong & judgements)
- Parenting styles; Personality profiling. Personality & relevant Communication styles. Practise the coaching skills in a new level from each perspective.
- Roadblocks to Communication & Saboteurs. Bringing it all home.